

American Academy of Pediatrics



# BRIGHT FUTURES PREVISIT QUESTIONNAIRE

## 6 MONTH VISIT

To provide you and your baby with the best possible health care, we would like to know how things are going. Please answer all the questions. **Maternal Depression screening and Oral Health Risk Assessment are also part of this visit.** Thank you.

### WHAT WOULD YOU LIKE TO TALK ABOUT TODAY?

Do you have any concerns, questions, or problems that you would like to discuss today? ☐ No ☐ Yes, describe:

### TELL US ABOUT YOUR BABY AND FAMILY.

What excites or delights you most about your baby?

Does your baby have special health care needs? ☐ No ☐ Yes, describe:

Have there been major changes lately in your baby's or family's life? ☐ No ☐ Yes, describe:

Have any of your baby's relatives developed new medical problems since your last visit? ☐ No ☐ Yes ☐ Unsure If yes or unsure, please describe:

Does your baby live with anyone who smokes or spend time in places where people smoke or use e-cigarettes? ☐ No ☐ Yes ☐ Unsure

### YOUR GROWING AND DEVELOPING BABY

Do you have specific concerns about your baby's development, learning, or behavior? ☐ No ☐ Yes, describe:

**Check off each of the tasks that your baby is able to do.**

- |                                                          |                                                                    |                                                               |
|----------------------------------------------------------|--------------------------------------------------------------------|---------------------------------------------------------------|
| <input type="checkbox"/> Pat or smile at his reflection. | <input type="checkbox"/> Roll over from his back to his tummy.     | <input type="checkbox"/> Pass a toy from one hand to another. |
| <input type="checkbox"/> Look when you call her name.    | <input type="checkbox"/> Sit briefly without support.              | <input type="checkbox"/> Rake small objects with 4 fingers.   |
| <input type="checkbox"/> Babble.                         | <input type="checkbox"/> Make sounds such as "ga," "ma," and "ba." | <input type="checkbox"/> Bang small objects on a surface.     |

## 6 MONTH VISIT

### RISK ASSESSMENT

|                     |                                                                                                                                                                                                   |                           |                           |                              |
|---------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------|------------------------------|
| <b>Hearing</b>      | Do you have concerns about how your baby hears?                                                                                                                                                   | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |
| <b>Lead</b>         | Does your baby live in or visit a home or child care facility with an identified lead hazard or a home built before 1960 that is in poor repair or that was renovated in the past 6 months?       | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |
| <b>Oral health</b>  | Does your baby's primary water source contain fluoride?                                                                                                                                           | <input type="radio"/> Yes | <input type="radio"/> No  | <input type="radio"/> Unsure |
| <b>Tuberculosis</b> | Was your baby or any household member born in, or has he or she traveled to, a country where tuberculosis is common (this includes countries in Africa, Asia, Latin America, and Eastern Europe)? | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |
|                     | Has your baby had close contact with a person who has tuberculosis disease or who has had a positive tuberculosis test result?                                                                    | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |
|                     | Is your baby infected with HIV?                                                                                                                                                                   | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |
| <b>Vision</b>       | Do you have concerns about how your baby sees?                                                                                                                                                    | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |
|                     | Do your baby's eyes appear unusual or seem to cross?                                                                                                                                              | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |
|                     | Do your baby's eyelids droop or does one eyelid tend to close?                                                                                                                                    | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |
|                     | Have your baby's eyes ever been injured?                                                                                                                                                          | <input type="radio"/> No  | <input type="radio"/> Yes | <input type="radio"/> Unsure |

### ANTICIPATORY GUIDANCE

How are things going for you, your baby, and your family?

#### YOUR FAMILY'S HEALTH AND WELL-BEING

|                                                                                                                    |                           |                           |
|--------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------|
| <b>Living Situation and Food Security</b>                                                                          |                           |                           |
| Is permanent housing a worry for you?                                                                              | <input type="radio"/> No  | <input type="radio"/> Yes |
| Do you have the things you need to take care of the baby, such as a crib, a car safety seat, and diapers?          | <input type="radio"/> Yes | <input type="radio"/> No  |
| Does your home have enough heat, hot water, electricity, and working appliances?                                   | <input type="radio"/> Yes | <input type="radio"/> No  |
| Within the past 12 months, were you ever worried whether your food would run out before you got money to buy more? | <input type="radio"/> No  | <input type="radio"/> Yes |
| Within the past 12 months, did the food you bought not last, and you did not have money to get more?               | <input type="radio"/> No  | <input type="radio"/> Yes |
| <b>Alcohol and Drugs</b>                                                                                           |                           |                           |
| Does anyone in your household drink beer, wine, or liquor?                                                         | <input type="radio"/> No  | <input type="radio"/> Yes |
| Do you or other family members use marijuana, cocaine, pain pills, narcotics, or other controlled substances?      | <input type="radio"/> No  | <input type="radio"/> Yes |
| <b>Family Relationships and Support</b>                                                                            |                           |                           |
| Do you have people you can go to when you need help with your family?                                              | <input type="radio"/> Yes | <input type="radio"/> No  |
| Do you have child care or a reliable person to care for your baby?                                                 | <input type="radio"/> Yes | <input type="radio"/> No  |

#### CARING FOR YOUR BABY

|                                                                                               |                           |                           |
|-----------------------------------------------------------------------------------------------|---------------------------|---------------------------|
| <b>Your Baby's Development</b>                                                                |                           |                           |
| Is your baby learning new things?                                                             | <input type="radio"/> Yes | <input type="radio"/> No  |
| Is your baby adapting to new situations, people, and places?                                  | <input type="radio"/> Yes | <input type="radio"/> No  |
| Does your baby have ways to tell you what he wants and needs?                                 | <input type="radio"/> Yes | <input type="radio"/> No  |
| Does your baby respond when you look at books together?                                       | <input type="radio"/> Yes | <input type="radio"/> No  |
| Is a TV, computer, tablet, or smartphone on in the background while your baby is in the room? | <input type="radio"/> No  | <input type="radio"/> Yes |
| Does your baby watch TV or play on a tablet or smartphone?                                    | <input type="radio"/> No  | <input type="radio"/> Yes |
| If yes, how much time each day? _____ hours                                                   |                           |                           |
| Does your baby have a regular daily schedule for feeding, napping, playing, and sleeping?     | <input type="radio"/> Yes | <input type="radio"/> No  |
| Is your baby learning to go to sleep by himself?                                              | <input type="radio"/> Yes | <input type="radio"/> No  |
| Can your baby calm herself?                                                                   | <input type="radio"/> Yes | <input type="radio"/> No  |
| Do you have ways to help your baby calm himself if he cannot do it himself?                   | <input type="radio"/> Yes | <input type="radio"/> No  |

## 6 MONTH VISIT

### HEALTHY TEETH

|                                             |                          |                           |
|---------------------------------------------|--------------------------|---------------------------|
| Do you give your baby a bottle in her crib? | <input type="radio"/> No | <input type="radio"/> Yes |
|---------------------------------------------|--------------------------|---------------------------|

### FEEDING YOUR BABY

| General Information                                                                                                                                                                                     |                           |                           |                          |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------|--------------------------|
| What are you feeding your baby?<br>Check all that apply: _____ Breast milk _____ Formula _____ Both                                                                                                     |                           |                           |                          |
| Are you feeding your baby any drinks or foods besides breast milk or formula?<br>Check all that apply: _____ Water _____ Juice _____ Cereal _____ Meats _____ Fruits _____ Vegetables _____ Other foods |                           |                           |                          |
| Does your baby let you know when he likes or dislikes new foods that you have introduced?                                                                                                               | <input type="radio"/> Yes | <input type="radio"/> No  |                          |
| Do you wash vegetables and fruits before serving them to your baby and family?                                                                                                                          | <input type="radio"/> Yes | <input type="radio"/> No  |                          |
| If you are breastfeeding, answer these questions.                                                                                                                                                       |                           |                           |                          |
| Are you planning on continuing?                                                                                                                                                                         | <input type="radio"/> NA  | <input type="radio"/> Yes | <input type="radio"/> No |
| Do you have questions about pumping and storing your breast milk?                                                                                                                                       | <input type="radio"/> No  | <input type="radio"/> Yes |                          |
| Are you still giving your baby vitamin D drops and iron drops?                                                                                                                                          | <input type="radio"/> Yes | <input type="radio"/> No  |                          |
| If you are formula feeding, or providing formula supplementation, answer these questions.                                                                                                               |                           |                           |                          |
| Are you using iron-fortified formula?                                                                                                                                                                   | <input type="radio"/> Yes | <input type="radio"/> No  |                          |
| Do you have any questions or concerns about the formula, such as how much it costs or how to prepare it?                                                                                                | <input type="radio"/> No  | <input type="radio"/> Yes |                          |

### SAFETY

| General Information                                                                                                 |                           |                           |
|---------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------|
| Is your baby fastened securely in a rear-facing car safety seat in the back seat every time she rides in a vehicle? | <input type="radio"/> Yes | <input type="radio"/> No  |
| Are you having any problems with your car safety seat?                                                              | <input type="radio"/> No  | <input type="radio"/> Yes |
| Is your water heater set so the temperature at the faucet is at or below 120°F/49°C?                                | <input type="radio"/> Yes | <input type="radio"/> No  |
| Do you have barriers around space heaters, woodstoves, and kerosene heaters?                                        | <input type="radio"/> Yes | <input type="radio"/> No  |
| Do you put a hat on your baby and apply sunscreen on her when you go outside?                                       | <input type="radio"/> Yes | <input type="radio"/> No  |
| Do you keep household cleaners, chemicals, and medicines locked up and out of your baby's sight and reach?          | <input type="radio"/> Yes | <input type="radio"/> No  |
| Do you always stay within arm's reach of your baby when he is in the bath?                                          | <input type="radio"/> Yes | <input type="radio"/> No  |
| Do you always keep one hand on your baby when changing diapers or clothing on a changing table, couch, or bed?      | <input type="radio"/> Yes | <input type="radio"/> No  |
| Do you have a gate at the top and bottom of all stairs in your home?                                                | <input type="radio"/> Yes | <input type="radio"/> No  |
| Safe Sleep                                                                                                          |                           |                           |
| Do you continue to place your baby onto her back for sleep?                                                         | <input type="radio"/> Yes | <input type="radio"/> No  |
| Does your baby sleep in a crib?                                                                                     | <input type="radio"/> Yes | <input type="radio"/> No  |

Consistent with *Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents*, 4th Edition  
For more information, go to <https://brightfutures.aap.org>.

