PATIENT NAME:		DATE:	
	Please print.		

**American Academy of Pediatrics** 

# BRIGHT FUTURES PREVISIT QUESTIONNAIRE 15 MONTH VISIT



To provide you and your child with the best possible health care, we would like to know how things are going. Please answer all the questions. Thank you.

WHAT W	OULD YOU LIKE TO TALK ABOUT	TODAY?
Do you have any concerns, questions, or prob	lems that you would like to discuss today? O N	lo O Yes, describe:
TELI	US ABOUT YOUR CHILD AND FA	MILY.
What excites or delights you most about your of	child?	
Does your child have special health care need	s? O No O Yes, describe:	
Have there been major changes lately in your	child's or family's life? O <b>No</b> O <b>Yes,</b> describe:	
Have any of your child's relatives developed ner please describe:	w medical problems since your last visit? O <b>No</b>	○ Yes ○ Unsure If yes or unsure,
Does your child live with anyone who smokes	or spend time in places where people smoke or	use e-cigarettes? O No O Yes O Unsure
YOU	R GROWING AND DEVELOPING C	HILD
Do you have specific concerns about your child	d's development, learning, or behavior? O <b>No</b>	O <b>Yes</b> , describe:
Check off each of the tasks that your child i	s able to do.	
<ul> <li>☐ Imitate scribbling.</li> <li>☐ Drink from cup with little spilling.</li> <li>☐ Point to ask for something or to get help.</li> <li>☐ Look around when you say things such as "Where's your ball?" and "Where's your blanket?"</li> </ul>	<ul> <li>☐ Use 3 words other than names.</li> <li>☐ Speak in sounds that seem like an unknown language.</li> <li>☐ Follow directions that do not include a gesture.</li> <li>☐ Squat to pick up objects.</li> </ul>	<ul> <li>□ Crawl up a few steps.</li> <li>□ Run.</li> <li>□ Make marks with a crayon.</li> <li>□ Drop an object into and take the object out of a container.</li> </ul>

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# **15 MONTH VISIT**

# **RISK ASSESSMENT**

Anemia	Does your child's diet include iron-rich foods, such as meat, iron-fortified cereals, or beans?	O Yes	O No	O Unsure
	Do you ever struggle to put food on the table?	O No	O Yes	O Unsure
Hearing	Do you have concerns about how your child hears?	O No	O Yes	O Unsure
	Do you have concerns about how your child speaks?	O No	O Yes	O Unsure
	Do you have concerns about how your child sees?	O No	O Yes	O Unsure
Vision	Do your child's eyes appear unusual or seem to cross?	O No	O Yes	O Unsure
VISIOII	Do your child's eyelids droop or does one eyelid tend to close?	O No	No O Yes O	O Unsure
	Have your child's eyes ever been injured?	O No	O Yes	O Unsure

## **ANTICIPATORY GUIDANCE**

## How are things going for you, your child, and your family?

### **TALKING AND FEELING**

Is your child learning new things?	O Yes	O No
Does your child show any worries or fears when meeting new people?	O No	O Yes
Do you take time for yourself?	O Yes	O No
Do you spend time alone with your partner?	O Yes	O No
Does your child point to something he wants and then watch to see if you see what he's doing?	O Yes	O No
Does she wave "bye-bye"?	O Yes	O No
Do you talk to, sing to, and look at books with your child every day?	O Yes	O No

#### **SLEEP ROUTINES AND ISSUES**

Does your child have a regular bedtime routine?	O Yes	O No
Does your child sleep well?	O Yes	O No
How many hours does your child sleep? Daytime Nighttime		
Does your child have a blanket, stuffed animal, or toy that he likes to sleep with?	O Yes	O No
Do you have a TV or an Internet-connected device in your child's bedroom?	O No	O Yes

## **TANTRUMS AND DISCIPLINE**

Does your child have frequent tantrums?	O No	O Yes
If your child is upset, do you help distract her with another activity, book, or toy?	O Yes	O No
Do you set limits for your child?	O Yes	O No
Do other caregivers set the same limits for your child as you do?	O Yes	O No
Do you praise your child when he is being good?	O Yes	O No
Do you have any questions about what to do when you become angry or frustrated with your child?	O No	O Yes

#### **HEALTHY TEETH**

Has your child been to a dentist?	O Yes	O No
Do you brush your child's teeth with a smear of fluoridated toothpaste 2 times a day using a soft toothbrush?	O Yes	O No
Does your child use a bottle?	O No	O Yes

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# **15 MONTH VISIT**

#### **SAFETY**

Car and Home Safety		
Is your child fastened securely in a rear-facing car safety seat in the back seat every time she rides in a vehicle?	O Yes	O No
Does everyone in the vehicle always use a lap and shoulder seat belt, booster seat, or car safety seat?	O Yes	O No
Do you keep cleaners and medicines locked up and out of your child's sight and reach?	O Yes	O No
Do you have emergency phone numbers near every telephone and in your cell phone for rapid dial?	O Yes	O No
Do you keep furniture away from windows and use operable window guards on windows on the second floor and higher? (Operable means that, in case of an emergency, an adult can open the window.)	O Yes	O No
Do you have a gate at the top and bottom of all stairs in your home?	O Yes	O No
Do you keep cigarettes, lighters, matches, and alcohol out of your child's sight and reach?	O Yes	O No
Do you keep your child away from the stove?	O Yes	O No
Do you have working smoke alarms on every floor of your home?	O Yes	O No
Do you test the batteries once a month?	O Yes	O No
Do you have a fire escape plan?	O Yes	O No

Consistent with *Bright Futures: Guidelines for Health Supervision* of *Infants, Children, and Adolescents,* 4th Edition

For more information, go to https://brightfutures.aap.org.



The information contained in this questionnaire should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances. Original questionnaire included as part of the *Bright Futures Tool and Resource Kit*, 2nd Edition.

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